

ONLINE SIZING GUIDE

GIRLS

Age	Waist Inches	Waist Cm	Inner Leg
4-5 yrs	20in	51cm	1.25 in
6-7 yrs	22in	56cm	1.5 in
8-9 yrs	24in	61cm	1.75 in
10-11yrs	26in	66cm	2 in

BOYS

Age	Waist Inches	Waist Cm	
4-5 yrs	20in	51cm	2 in
6-7 yrs	22in	56cm	2.5 in
8-9 yrs	24in	61cm	2.5 in
10-11yrs	26in	66cm	2.5 in

LADIES

Size	Waist Inches	Waist Cm	
8	27in	69cm	2.5 in
10	29in	74cm	3 in
12	31in	79cm	3.5 in
14	33in	84cm	4 in
16	35in	89cm	4.5 in

MENS

Size	Waist Inches	Waist Cm	
Xsmall	24-26 in	61-66cm	3.5 in
Small	27-30 in	69-76cm	4 in
Medium	30-32in	76-81cm	4.5 in
Large	33-35in	84-89cm	5 in
Xlarge	36-38in	91-97cm	6 in

UNISEX ZZZ PANTS

Size	Waist Inches	Waist Cm	
Xsmall Regular	27-30in	68-76cm	30.5 in
Xsmall Long	27-30in	68-76cm	32 in
Small Regular	30-32in	76-81cm	31 in
Small Long	30-32in	76-81cm	33 in
Medium Regular	33-35in	84-89cm	32 in
Medium Long	33-35in	84-89cm	33.5 in
Large Regular	36-38in	91-97cm	32.5 in
Large Long	36-38in	91-97cm	34.5 in
Xlarge Regular	38-40in	97-102cm	33 in
Xlarge Long	38-40in	97-102cm	35 in