

	Age	Waist inches	Waist Cm
Kid Girls Size	4-5yrs	20in	51cm
	6-7yrs	22in	56cm
	8-9yrs	24in	61cm
	10-11yrs	26in	66cm
Kids Boy Sizes	4-5yrs	20in	51cm
	6-7yrs	22in	56cm
	8-9yrs	24in	61cm
	10-11yrs	26in	66cm
Ladies	Size	Waist inches	Waist Cm
		8 27in	69cm
		10 29in	74cm
		12 31in	79cm
		14 33in	84cm
		16 35in	89cm
Men	Size	Waist inches	Waist Cm
	Small	27-30in	69-76cm
	Medium	30-32in	76-81cm
	Large	33-35in	84-89cm
	x-large	36-38in	91-97cm
	xx-large	39-41in	99-104cm